



Manufactured Foods Label Guide

Labeling vocabulary

- **Food label**
 - Any printed, written, or graphic matter that appears on a food product's container or is attached to it, providing information about the product
- **Dual weight**
 - The weight must be listed in standard (ounces, pounds, fluid ounces) and metric (milliliters, liters, grams, kilograms).
- **Sub-ingredients**
 - Sub-ingredients are the individual components that make up a larger ingredient in a product label or ingredient list.
 - Example: Butter (cream, salt, natural flavoring)
- **Common name**
 - The name that is generally recognized and understood by consumers when referring to that specific food

Required components of a food label

- **Common name** of the food product
 - This is the usual name or descriptive name.
- **Ingredients**
 - Ingredients should be listed in descending order by weight.
 - This includes **sub-ingredients**.
- **Dual weight** in standard and metric or a **piece count**
 - The weight should be listed in standard and metric.
 - The piece count states how many units per package.
 - Example: 6 buns, 12 cookies, 18 tortillas
- **Manufacturer's name**
- **Manufacturer's full address**
 - Street address, city, state, zip code
 - This cannot be a website or an email address.

Acidified Foods Label

Ingredients, including sub-ingredients.

Ingredients:
Tomato Paste (Tomato pulp, citric acid), soy sauce (water, soybeans, wheat, salt, sodium benzoate), sugar, corn starch, chili powder

Common name

Sweet and Spicy Chili Sauce

Nutritional Information (per 100g):

Energy: 80 kcal
Fat: 4g
Saturated fat: 0.5g
Carbohydrates: 10g
Sugars: 6g
Protein: 2g
Fiber: 3g
Sodium: 300mg

Storage Instructions:

Refrigerate after opening and consume within 7 days.

Lot Code: SSCS-001

Production date:
08/09/2024

Manufactured by:
Anywhere Chili Co.
123 Main Street
Anywhere, TN 37200

8 fl. oz. (226 ml.)

Facility name and address

Dual weight

Identifying lot code*

*The FDA requires an identifying lot code. See [21 CFR 114.80\(4\)\(b\)](#) for more details.



Common labels



Labeling notes

- A “contains statement” is not required as long as all allergens are clearly stated in the ingredients list.
- A “may contains” statement does not alleviate the facility of any liability for allergen mislabeling.
- See [FDA’s website](#) for more information about allergen labeling.
- See the [FDA’s labeling guide](#) for more information about general labeling requirements.